

Dr. Carolyn Friend, co-author of *The Legacy Conversation*, is also co-founder of Inheriting Wisdom and co-creator of *Inheriting Wisdom – The Legacy Process That Reaches Across Generations*. Inheriting Wisdom is dedicated to helping generations find interactive and meaningful ways to create a living legacy. After experiencing the loss of her parents within six weeks of each other, Dr. Friend took on the responsibility of distributing their possessions among siblings and grandchildren. While arranging her parents' home for the division of its contents, it became clear to her that the most substantive bequests were her parents' wisdom.

Those experiences, along with her professional training, led her to found Inheriting Wisdom with her husband, Dr. Jamie Weiner. Dr. Friend is a clinical psychologist and community leader in Chicago.

